

January 2020 Personal Care Monthly



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>A Arts C Curiosity I Intellectual M Movement O Outreach S Social ♥ Spiritual</p>			New Year's Day 1 10:00 S Watch the Rose Parade with Doughnuts & Coffee [CH] 11:30 C Champagne Word Mining [CH] 2:00 C Trivia [CH] 6:15 S Movie Night [CH]	10:00 M Move for Life-Exercise with Hannah [CH] 2 11:00 I Are You Smarter Than A 5th Grader? [CH] 2:00 ♥ Catholic Mass [CH] 2:30 M Movers & Shakers Exercise Class 3:00 S Quarter Bingo! 6:30 C Classic TV Night	11:00 M Move for Life-Exercise with Hannah [CH] 3 1:30 C Name 5 [CH] 2:30 S Live Entertainment with Jill Salkin [CH] 3:30 S Happy Hour Social [BI] 6:30 S Friday Night Cinema [CH]	9:45 C Arm Chair Travelers [CH] 4 11:00 M Kyffin Pong [CH] 1:30 I Finishing Lines [CH] 2:45 S Movie Matinee [CH] 6:30 I Card Club [CH]	
	10:15 ♥ Communion & Hymns [CH] 5 11:00 I Trivia [CH] 1:30 S Bingo 2:45 M Bean Bag Toss [CH] 6:30 C Classic TV Night [CH]	10:00 M Move for Life-Exercise with Hannah [CH] 6 11:00 I Jeopardy [CH] 2:00 M Move For Life: Tailgate Toss [CH] 3:15 C Arm Chair Travelers..... [CH] 6:30 C Nightly NEWS [CH]	10:00 M Move For Life-Exercise Class with Hannah [CH] 7 11:00 I Who Wants to be a Millionaire ? [CH] 1:30 C Hang Man! [CH] 2:30 M Movers and Shakers w/ Hannah [CH] 3:30 S Wine and Cheese [BI] 6:30 C Classic TV Night	10:00 M Move for Life-Exercise with Hannah [CH] 8 11:00 C Word in a Word [CH] 1:30 S Uno Card Game 2:30 M Seated Indoor Bocce Ball [CH] 6:15 S Happy Hour with Stephen Di Joseph [CH]	10:00 M Move for Life-Exercise with Hannah [CH] 9 11:30 S Lunch Trip: Chickie's & Pete's 2:00 S Quarter Bingo! 2:30 M Movers & Shakers Exercise Class [CH] 6:30 C Classic TV Night	11:00 M Move for Life-Exercise with Hannah [CH] 10 11:00 ♥ Shabaat Service 1:30 Learn to Play Rummy 500 - Card Game 3:30 S Happy Hour Social [BI] 6:30 S Friday Night Cinema [CH]	9:45 C Arm Chair Travelers [CH] 11 11:00 C Learn to Write Your Name in Morse Code! [CH] 1:30 C Yesterday's Headlines [CH] 2:30 S Live Entertainment with Dr. Johnny D [CH] 6:30 S Classic TV Night [CH]
	10:15 ♥ Communion & Hymns [CH] 12 11:00 I Kyffin Crosswords! [CH] 2:00 S Bingo [CH] 3:15 S Popcorn and a Movie [CH] 6:30 C Classic TV Night [CH]	10:00 M Move for Life-Exercise with Hannah [CH] 13 11:00 I Trivia [CH] 2:00 M Move For Life: Tailgate Toss [CH] 3:00 S Karaoke with Stephen! [CH] 6:30 C Nightly NEWS [CH]	10:00 M Move For Life-Exercise Class with Hannah [CH] 14 11:00 C Wheel of Fortune [CH] 1:30 I Nickel Black Jack [CH] 2:30 M Movers and Shakers w/ Hannah [CH] 3:30 S Wine and Cheese [BI] 6:30 C Classic TV Night	10:00 M Move for Life-Exercise with Hannah [CH] 15 11:00 S Jenga [CH] 1:30 I Quizo [CH] 2:30 M Seated Indoor Bocce Ball [CH] 4:00 S January Birthday Party! 6:15 S Happy Hour with Jimmy Edwards [CH]	10:00 M Move for Life-Exercise with Hannah [CH] 16 11:30 S Lunch Trip: Pumpnicks Deli 1:30 S Quarter Bingo! 2:30 M Movers & Shakers Exercise Class [CH] 3:00 S Ice Cream Social [CH] 6:30 C Classic TV Night	10:00 M Ring Toss with Antoinette [CH] 17 11:00 ♥ Shabaat Service 1:30 I Spelling Bee Trivia [CH] 2:30 S Live Entertainment with Barry Warren [CH] 3:30 S Chocolate Happy Hour Social [BI] 6:30 S Friday Night Cinema [CH]	9:45 C Arm Chair Travelers [CH] 18 11:00 C Wheel of Fortune [CH] 1:30 M Kyffin Pong [CH] 2:45 S Movie Matinee [CH] 6:30 S Card Club [CH]
	10:15 ♥ Communion & Hymns [CH] 19 11:00 S Table Topics [CH] 2:00 S Bingo! [CH] 3:15 S Manicures [CH] 6:30 C Classic TV Night [CH]	Martin Luther King Jr. Day 20 11:00 C MLK Day Trivia [CH] 2:00 M Corn Hole [CH] 3:15 S Movie Matinee: Selma [CH] 6:30 C Nightly NEWS [CH]	10:00 M Move For Life-Exercise Class with Hannah [CH] 21 11:00 I Trivia [CH] 1:30 C Mad Libs [CH] 2:30 M Movers and Shakers w/ Hannah [CH] 3:00 A Wine and Paint [CH] 6:30 C Classic TV Night	Chinese New Year 22 10:00 M Move for Life-Exercise with Hannah [CH] 11:00 I Chinese New Year Trivia [CH] 2:00 C Menu Chat 2:45 M Seated Indoor Bocce Ball [CH] 6:15 S Happy Hour with Tony Lombardi [CH]	10:00 M Move for Life-Exercise with Hannah [CH] 23 11:00 C 1 VS 100 Game [CH] 2:00 S Quarter Bingo! 2:30 M Movers & Shakers Exercise Class [CH] 3:00 S Trip to the Movies- Little Women 6:30 C Classic TV Night	Give a Compliment Day! 24 11:00 M Move for Life-Exercise with Hannah [CH] 11:00 ♥ Shabaat Service 1:30 A Create Your Own Compliment Cards [CH] 3:30 S Happy Hour Social [BI] 6:30 S Friday Night Cinema [CH]	9:45 C Arm Chair Travelers [CH] 25 11:00 C Guess Who? Trivia [CH] 2:30 S Live Entertainment with Michael Lazar [CH] 3:30 S Happy Hour! [BI] 6:30 S Classic TV Night [CH]
	10:15 ♥ Communion & Hymns [CH] 26 11:00 I Spelling Bee Trivia [CH] 1:30 S Bingo [CH] 3:15 S Movie and Popcorn [CH] 6:30 C Classic TV Night [CH]	10:00 M Move for Life-Exercise with Hannah [CH] 27 11:00 M Let's Shoot Pool! 2:00 M Move For Life: Tailgate Toss [CH] 3:15 C Resident Council [CH] 6:30 C Nightly NEWS [CH]	10:00 M Move For Life-Exercise Class with Hannah [CH] 28 11:00 C Hang Man [CH] 1:30 O Writing Letters to our Brave Troops Overseas [CH] 2:30 M Movers and Shakers w/ Hannah [CH] 3:00 S Nickel Black Jack 5:00 S Pizza Party! [DR] 6:15 C Who Wants to be a Millionaire ?	National Puzzle Day 29 10:00 M Move for Life-Exercise with Hannah [CH] 11:00 I Kyffin Crosswords! [CH] 1:30 C Puzzle Time! [CH] 2:45 M Seated Indoor Bocce Ball [CH] 6:15 S Happy Hour with Craig Satchell [CH]	10:00 M Move for Life-Exercise with Hannah [CH] 30 11:00 S Trivial Pursuit [CH] 1:30 S Quarter Bingo! 2:30 M Movers & Shakers Exercise Class [CH] 2:30 S Shopping Trip: Dollar Tree 6:30 C Classic TV Night	10:00 M Bean Bag Basketball with Antoinette [CH] 31 11:00 ♥ Shabaat Service 1:30 C Name That Tune! [CH] 3:30 S Happy Hour Social [BI] 6:30 S Friday Night Cinema	Location Keys Bistro BI Chestnut Hill Room CH Dining Room DR